#### **Xcite Steps, LLC**

Personalized mentorship services for children, teens, and adults with developmental or cognitive challenges.

# CAMP STEPS!









Xcite Steps offers week long summer camps catered to kids, teens, and adults with developmental or cognitive challenges. Xcite Steps works hard to build and maintain an environment in which campers feel like they can be themselves, open up, make friends and most importantly have fun! We have selected fun sports, recreational activities and games coupled with exciting community outings to help inspire and develop friendships. Our qualified counselors have many years of mentoring, teaching and counseling experience coaching individuals who experience disabilities. The abilities of each camper are promoted to ensure they have the best summer camp experience ever!

#### **Camp Structure:**

After drop off individuals will gather in our music circle until all the campers for their group arrive. We will prepare the campers for the activity and structure of the day and then depart in small groups to each event. Each week starts with a beach day where campers can get to know our mentors. Tuesday, Wednesday and Thursday are our field trip days and Friday we end the week with a beach party.

#### Field Trips include:

Water Parks Paintballing
Boomers Dave & Busters

Bowling Frisbee Golf @ Balboa Park

K1 Speedracing Birch Aquarium Game Universe Sailing

Mining Manual City

Nickel City Karate Group Class

#### **Beach days include:**

Water Sports Instruction: Surfing, Boogie-boarding and Body-surfing Water safety training from our Lifeguard friends Music and sand therapy group activities and games Sport and fitness recreational therapy activities and games Guest appearances and our Xpression sessions.

### At home pick up or drop off:

If needed our counselors are able to pick up or drop off kids for an additional fee of \$15 each way.

<u>Camp Location:</u> Fletcher Cove is in Solana Beach. Exit Lomas Santa Fe Drive, head West all the way down Lomas Santa Fe drive past Highway 101 and you will run into Fletcher Cove.

Additional Drop off Locations available upon request

#### **HOW TO SIGN UP:**

Contact Matt Winkley to reserve your spot. Registration Deadline is May 17<sup>th</sup> with a "Get to know us" party at Fletchers Cove. Bring your child, drop off your deposit, and meet the staff and the other campers.

#### Camp Director:

Matthew Winkley: (858) 722 - 1948 mwinkley@excitesteps.com

# **KIDS Camp**

- Ages 7 12 with exceptions
- Camp hours: 12:30pm 3:30pm

Date: June 16th - August 29th

• Optional morning pre-camp: 10am – 12:30

# **TEEN and Adult Camp**

- Ages 13 + up
- Camp hours: 1pm 4:00pm
- Optional morning pre-camp: 10:30am 1:00

## **Highlights**

- Personalized attention: 3 to 1 Ratio
- Small Group environment
- Experienced and energetic counselors
- Home pick up and drop off available

# **Camp Dates:**

 June 16th – 20th
 July 28th – Aug 1st

 June 23rd – 27th
 August 4th – 8th

 July 7th – 11th
 August 11th - 15th

 July 14th – 18th
 August 18th – 22nd

 July 21st – 25th
 August 25th – 29th

# Pricing (all inclusive)

Afternoon Camp without morning Pre-Camp Xcite Steps Members: \$385 per week Xcite Steps Non-Members: \$435 per week

# All day camp including morning Pre-Camp (includes Lunch)

Xcite Steps Members: \$635 per week Xcite Steps Non-Members: \$695 per week

Recieve a discount by signing up for multiple sessions in advance

## **Deposit:**

To reserve a spot at Camp Steps a \$150 deposit is required per week.

