

Hear Emmy Award-
Winning Actress

LINDA DANO



Discuss Her Personal
Struggle With Depression

Did you know that depression

can include a broad range of symptoms?

Are you unsure if you

or someone you love may have depression?

Would you like to learn more

about how to help yourself or someone else?



Join Us at a Free Event to Learn About Depression and Support Partners—

An Educational Program to Help You, or Someone You Love, Manage the Illness

Monday, February 11, 2008

6:00-7:30 p.m.

**Doubletree Hotel San Diego - Mission Valley
7450 Hazard Center Drive, San Diego, CA**

A physician will discuss how to recognize symptoms of depression (major depressive disorder), understand what can trigger the illness and how to map out a wellness plan.

To register for the event, please call 800-656-7315.

For more information about Support Partners, visit www.SupportPartnersProgram.com

Light refreshments will be served.
Registration is recommended but not required.



National Women's Health
Resource Center
www.healthwomen.org



Support Partners