

FREE CLASSES

For parents & caregivers of children 2-4 years old.

Learn how to:

- Raise healthy kids
- Prepare healthy meals & snacks to take home for your family
- Join in active play with your kids

Prizes
& Food

Classes will be held throughout South Bay.

For more information on the
NEAT AT2 program contact:

Hilda Carrillo (619) 336 -8371

Childcare
Provided



University of California, San Diego Division of Community Pediatrics
In partnership with South Bay Community Services, Chula Vista
Elementary, National, & South Bay Union School Districts.
Funded by First 5 Commission of San Diego

