As a parent with a special needs child I have discovered, there are many challenges in living with a child who has a disability and/or psychological disorder. My entire family continues to experience the highs, the many lows and often without many "in-betweens."My family has often felt stressed, overwhelmed and discouraged in our home in dealing with our son. However the world outside is much more challenging, and is often filled with people who were/are intolerant or ignorant of his disorders which intensifies these feelings. There are many times when we experienced the disapproving stares, the unkind comments, the rejection from being different, well meaning advice from those who don't understand and the judgmental lack of compassion. Since my journey began in 1986 with my son, Jonathan, God has placed it on my heart to reach out to other families who are hurting. I lead our ADHD & Behavioral Disorder support group. In addition Skyline has a program for chil-

dren who have special needs so they can attend a Sunday school. Thus allowing parents to attend church service and Sunday school. For more information regarding the support group, Sunday school or want to volunteer, please contact me:

> Tonya Langdon Special Needs Facilitator and Sunday School Director 619-885-8315 blestby3@cox.net www.specialneedskidz.com

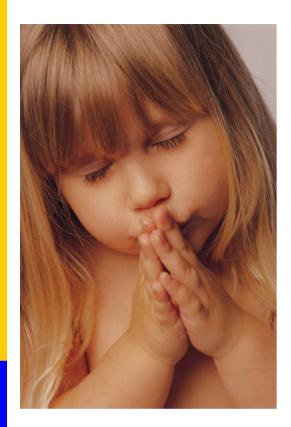
For More Information Contact:: Tonya Langdon 619-885-8315 Skyline Church 11330 Campo Road La Mesa, Ca 91942

Skyline Church

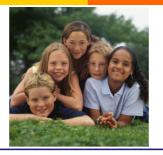


Special Needs Ministry

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these. " Matthew 19:14



"Come to me, all you who are weary and burdened and I will give you rest" Matthew 11:27-29



During our weekend services, we welcome children with Autism. Asperser Syndrome, **Bipolar Disorder, Down Syndrome,** Cerebral Palsy, and ADHD. Our program is available to kindergarteners through fifth grade. Your child is placed in an age and/or developmental appropriate mainstream classroom during our church service on Sunday mornings. We communicate spiritual truths and the love of Jesus during their time they spend with us. We also have, Son Derby which is a specialized classroom for children who need a more structured environment during our 9:30 am service on Sunday.

For more information contact: Tonya Langdon Sunday School Director and Special Needs Facilitator 619-885-8315

Special Needs Kidz Support Group

Welcome to Skyline's **Special Needs Kidz Support Group!** We are a Christ-centered support group and resource for families and caretakers of special needs children. Our mission is to care for parents, siblings, and the caregivers of children with special needs by offering resources and support that meet their unique needs and challenges. Some of the topics we cover are: I.E.P.'s. School Issues. Time Management, Organization, Stress Management, Medication, **Relationship Skills**, **Co-Morbid Disorders**

As a parent of a special needs child, Tonya Langdon leads the group on the second and fourth Thursday of each month at 6:30 pm-8:00pm in room 410 on the church campus.

"Come to me, all you who are weary and burdened and I will give you rest"