

Exceptional Family Resource Center



Contact Us

- Toll Free
800.281.8252

San Diego
619.594.7416

- North County
760.761.5553

- Imperial County
760.355.0147

Website/Email

www.EFROnline.org
efrc@projects.sdsu.edu

EFRC Services

California Early Start

*Point of Entry,
Individualized
Family Service Plan (IFSP)*

Conflict Resolution

Family Support

Information & Referral

Lending Library

Parent Education

Prevention Resource and Referral Services (PRRS)

Professional Education

Support Groups

Technical Assistance:
*Individualized Education
Program (IEP)*

Mission

The mission of the Exceptional Family Resource Center (EFRC) is to provide support, information and education for families of children with disabilities and the professionals who assist these families. *By offering emotional support and factual information, the Center enables families to help their children reach their fullest potential.*

Vision

All children with disabilities will be given the opportunity to live with a supported and empowered family, fully participating within their community. Every community will be enriched by the inclusion of people with diverse abilities.

About EFRC

EFRC offers family centered services, emphasizing parent choice, confidentiality and collaboration. Through local, state and federal partnerships and projects, EFRC remains current on relevant legislation, research, policy and practice.

EFRC is one of fourteen Family Empowerment Centers (FECs), serving families of children and adults 3 to 22 years old; a designated CA Early Start Family Resource Center, serving families of infants and toddlers birth to 3 years old; and affiliated with Family Voices of CA, a statewide collaborative of locally-based parent run centers working to ensure quality health care for children and youth with special health care needs. [www.calfedc.org /www.frcnca.org /www.familyvoicesofca.org]

Family Support Liaisons

EFRC Family Support Liaisons are peer-parent mentors (parents of children with disabilities and/or special needs) who have received comprehensive training on *CA Early Start, family support dynamics, communication skills, conflict resolution, system navigation, public benefits, health/education services, and local, state and national resources.*

EFRC Services

Accessing EFRC services is simple and affordable (no cost). **Contact us toll free at 800.281.8252, or www.EFROnline.org.** Our experienced and skilled staff will assist you with your specific need, provide customized resources and/or refer you to the appropriate agency to access additional services which may benefit your child or family. ***Bilingual staff available.**