

# PARENT SUPPORT IN THE EVENING

What is it like to parent a child with special needs? Come meet other parents for an evening of sharing thoughts, feelings, ways of coping, and resources that might be helpful.



## 2010

September 27  
October 25  
November 22

## 2011

January 24  
February 28  
March 28  
April 25  
May 23



When:  
6:30-8:00 p.m.

Where:  
Arc San Diego (Starlight Center)  
1280 Nolan Ave.  
Chula Vista, CA 91911



Supervised playtime will be available **ONLY** by advanced reservation (limited space).  
For more information or to RSVP, please call Judy at 619-220-7020, or  
Mary at 619-595-1631 or email: [msebastyn@sdcoe.net](mailto:msebastyn@sdcoe.net).

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